## **Original Research Article**

# Study of salivary gland neoplasms in pediatric age group in a tertiary care centre for head and neck diseases

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	International Archives of Integrated Medicine, Vol. 4, Issue 8, August, 2017.		
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	Available online at <u>http://iaimjournal.com/</u>		
John L	ISSN: 2394-0026 (P)	ISSN: 2394-0034 (O)	
IAIM	<b>Received on:</b> 15-07-2017	Accepted on: 21-07-2017	
	Source of support: Nil	Conflict of interest: None declared.	

**How to cite this article:** N. Sreemani Kumari, Seema Afroze, Madhavi Parigi. Study of salivary gland neoplasms in pediatric age group in a tertiary care centre for head and neck diseases. IAIM, 2017; 4(8): 33-40.

#### Abstract

**Introduction:** Salivary gland tumors are very rare in children and adolescents. We reported here 11 cases of paediatric salivary gland tumors in a study conducted from July 2015 to June 2017 at Government ENT Hospital, Koti, Hyderabad, Telangana, a tertiary care center.

**Objective:** The aim of this study was to analyze clinical and histopathological features of salivary gland tumours in paediatric age group (children and adolescents).

**Materials and methods:** A total of 11 cases of salivary gland tumors encountered in paediatric age group (0-18 years) were studied and analyzed for age, gender, site predilection and for histopathological types.

**Results:** Parotid and submandibular glands were the main site of tumor occurrence (8/11 in parotid gland, 2/11 in submandibular gland and 1/11 arising in minor salivary glands of hard palate). 4 cases were benign tumors (pleomorphic adenoma) and 7 were malignant tumors (constituted by 6 cases of low grade mucoepidermoid carcinomas and a single case of adenoid cystic carcinoma). Majority of the cases were above 10 years of age with an average of 12.3 years with female preponderence.

**Conclusion:** Present study showed that salivary gland tumors in paediatric age group are very rare and with majority of cases being Mucoepidermoid carcinoma with female preponderance seen in parotid gland. Other glands involved were submandibular salivary glands and minor salivary glands of hard palate. Pleomorphic adenoma was the most common benign tumor and Mucoepidermoid carcinoma was the most common malignant tumor, all of low grade type. One case of adenoid cystic carcinoma was noted in a 15 year old female.

### Key words

Salivary gland tumors, Pediatric age group, Pleomorphic adenoma, Adenoid cystic carcinoma, Mucoepidermoid carcinoma.

#### Introduction

Salivary gland tumors are uncommon [1, 2], epithelial salivary gland neoplasms, relatively rare accounting for less than 2% of all tumors [1, 2] and 3-10% of all head and neck neoplasms [3-5]. Annual incidence of these tumors is 0.4 to 13.5 cases in 10000 population [6-10]. Benign and malignant neoplasms in salivary glands are diverse group of neoplasms with behavioural and histological diversity and proximity to vital structures of head and neck poses significant challenges in the management [11-14].

Salivary gland tumors vary in their age, sex and site prevalence in different geographical areas [12-14]. Eskimos have the highest incidence of salivary gland tumors [15, 16]. Other predisposing factors are race, occupation, diet and EB virus infection, however most of the salivary gland tumors are idiopathic with no correlation with the epidemiological differences in the world wide distribution [1, 2, 11, 17, 18].

The aim of this study was to analyze clinical, histopathological characteristics, tumour location, age and gender prevalence of salivary gland tumours in paediatric age group.

### Materials and methods

Present study was a two year retrospective study of all the salivary gland tumours received in paediatric age group during the period July 2015 to June 2017 at tertiary centre, Government ENT Hospital, Hyderabad, Telangana State.

Details of the patients were obtained from the records pertaining to information regarding age, sex, investigations done and presenting complaints. Necessary investigations were done before surgery.

All biopsy specimens were fixed in 10% formalin, routinely processed into paraffin

embedded sections and stained them with hematoxylin and eosin stain. IHC was done where needed.

#### Results

The ages ranged from 9-18 years, with female preponderance. Involvement was unilateral in all cases. A total of 11 pediatric tumors were diagnosed out of which 4 were benign and 7 were malignant. The most common tumor was mucoepidermoid carcinoma. Site distribution was 7 cases in parotid gland (63.6%), 3 cases in the submandibular gland (27.3%) and a single case (9.1%) arising from minor salivary gland of the hard palate. Fine needle aspiration cytology was done in all the cases and received all the 11surgical specimens for correlation with histopathology (**Table – 1 to 4** and **Figures A to F**).

#### Discussion

Primary salivary gland tumors comprise less than 2% of all the neoplasms in the western world [1, 2]. A total of 80 salivary gland tumours were received in the 2 year study period at Government ENT Hospital, Hyderabad from July 2015 to June 2017. Paediatric salivary gland tumors were 11 cases constituting 13.75%.

Salivary gland tumors were observed in all ages but were less common in the paediatric age group. A total of 11 pediatric cases were reported of which majority of the cases were above 10 years of age. Only one case was below 10 years of age, which was a female of 9 years with low grade Mucoepidermoid carcinoma arising in the left parotid gland.

Age of onset was late childhood in 10 cases, ranging from 9 to 16 years and mean age was 12.3 years. Incidence of benign salivary gland tumors was less compared to malignant tumors which is not in accordance with studies done by

shafkat, et al. [19], Ogata H [20], da Cruz Perez DE, et al. [21] and Laikul L [22].

Male to female ratio was 0.3:1 which is in correlation with other studies [15, 23, 24] excepting for one study by Shafkat, et al. [19] which had male preponderence.

<u>**Table - 1**</u>: Site distribution of salivary gland tumors.

Tumor type	Number	%	Parotid	Submandibular	Minor salivary
			gland	Salivary gland	glands
Pleomorphic adenoma	4	36%	1	3	0
Mucoepidermoid carcinoma	6	54%	5	0	1
Adenoid cystic carcinoma	1	10%	1	0	0

Table - 2: Age distribution of salivary gland tumors.

Tumor type	Age (0-9 years)	Age (10-18 years)
Pleomorphic adenoma	0	4
Mucoepidermoid carcinoma	1	5
Adenoid cystic carcinoma	0	1

<u>**Table - 3:**</u> Sex distribution of salivary gland tumors.

Tumor type	Male	%	Female	%
Pleomorphic adenoma	2	18%	2	18%
Mucoepidermoid carcinoma	1	9%	5	46%
Adenoid cystic carcinoma	0	0	1	9%

Table - 4: Salivary gland tumors based on site of involvement of salivary gland.

Tumor type	Pleomorphic	Mucoepidermoid	Adenoid cystic
	adenoma	carcinoma	carcinoma
Parotid	1	5	1
Submandibular	3	0	0
Minor salivary glands	0	1	0

The most common salivary gland tumor in our study was Mucoepidermoid carcinoma occuring predominantly in parotid gland which correlates with Foote and Frazell [25], Castro, et al. [26] and other studies [1, 2, 27-29]. All the tumors were of low grade type. One lesion was present in hard palate in a 12 year old girl of 1 cm size. One case was recurrent in 11 year old boy with a history of enucleation one year back, presently managed by superficial parotidectomy.

Majority of the tumors occurred in parotid glands (7 cases), 3 in submandibular gland and one case in minor salivary gland of hard palate.

Most common benign tumor in the present study was pleomorphic adenoma, incidence was low compared to studies done by Laikul L, et al. [22], da Cruz Perez [21], DE (IHC). Enucleation was done in all these cases. Adenoid cystic carcinoma (Grade –II) was present in one case in a 15 years old female seen in parotid gland. It is in correlation with Ogata H, et al. [20] study.

#### FIGURE A- FNAC IMAGES OF PLEOMORPHIC ADENOMA (Images 1-4)

1)4x View, 2)10x View, 3 & 4) 40x Views of H&E stained smears, showing abundant amount of fibromyxoid stroma along with epithelial cells arranged in islands, papillae & sheets admixed with singly scattered myoepithelial cells.



#### FIGURE B - GROSS PHOTOGRAPHS OF SALIVARY TUMOURS ON CUT SECTION (Images 5-8) :

5 & 6): Showing fairly circumscribed tumour tissue with glistening, gelatinous myxoid to mucoid appearance with adjacent native salivary gland tissue suggestive of Pleomorphic adenoma. 7): Showing solid tan grey tumor tissue with punctuate areas of haemorrhages with adjacent native salivary gland parenchyma suggestive of malignant tumour, possibly Adenoid cystic carcinoma.
8): Showing ill defined mass lesion with mucoid, cystic and tan grey white areas, suggestive of Mucoepidermoid carcinoma.



FIGURE : C-HISTOPATHOLOGICAL IMAGES OF PLEOMORPHIC ADENOMA (Images 9-12): 9 & 10) : 10x Views showing fairly circumscribed tumour tissue with adjacent native salivary gland parenchyma. Tumour proper is composed of chondromyxofibroid ground substance material in which the epithelial islands appear to be floating. No extra salivary gland extension noted. 11) 40x View : Highlighting the chondroid areas. 12) 40x View showing mucoid stroma and cellular epithelial component. No nuclear atypia/ pleomorphism/ necrosis or mitoses note



#### FIGURE: D -FNAC IMAGES OF ADENOID CYSTIC CARCINOMA (Images 13-16) :

13-16) : Showing variably sized clusters, sheets, tubules of basaloid, uniform cells with hyperchromatic nuclei admixed with intraluminal, extracellular and extraluminal, irregular blobs of eosinophilic homogenous depositions of ground substance.



FIGURE: E -HISTOLOGY & IHC IMAGES OF ADENOID CYSTIC CARCINOMA (Images 17-20):
7) 4x View showing unencapsulated tumour tissue with adjacent native salivary gland.
18 & 19): 10x & 40x Views showing tumour arranged in tubules, cords, focal cribriform patterns lined by basloid cells with hyperchroamsia and intraluminal mucinous secretions.
20) IHC image showing diffuse and intense positive staining for CD117.



### FIGURE: F -MICROSCOPIC IMAGES OF MUCOEPIDERMOID CARCINOMA(Images 21-24):

21) : Cytology image showing predominantly muciphages and mucoid background, possibly suggesting mucoepidermoid carcinoma in correlation with ultrasound findings.

22) 40x View of H&E stained section showing mostly cystic areas filled with mucinous material, glandular pattern lined by cuboidal, columnar and goblet cells along with few areas of squamous differentiation. 23 & 24 ) : Showing predominantly mucinous, glandular and cystic areas with clear cell changes.



The common presenting symptom was a painless mass/ swelling in all the cases. Tumor size ranged from 1- 4.5 cm which is in correlation with study by Sharkey, et al. [30], Loke – Wallace, et al. [15]. Histopathological diagnosis given on light microscopy, correlated well with FNAC and Ultrasound findings in almost all cases.

### Conclusion

Salivary gland tumors are very rare in children. The most common tumor in the present study was Mucoepidermoid carcinoma of low grade type and parotid gland was the most common site of involvement with female preponderance. Enucleation was done in all the benign neoplasms and parotidectomy in other cases. Only one case showed recurrence of tumor. There were no marked differences in the behavioural pattern of the tumors in children compared to adults.

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